

General Program Information

Illic Area Community Schools, in conjunction with Cadillac Area Ski Club and Caberfae Peaks Ski Resort is proud to continue the Junior Ski Racing Program. The program is for all area children, age 8 to 14, who wish to expand their skiing skills into the area of ski racing. Those 7 and under need coaching staff approval.

Training will be held on Tuesdays, Thursdays & Saturdays, with several weekend club races against other ski clubs.

Training will be at Caberfae Peaks, usually on South Hill. Club races will be at Caberfae for home meets, and other ski areas for away races. Coaching for this program will be divided between experienced area coaches: Meg Mogan, Marty Williams, Larry Waldo and Bob Cole. With help as needed from Cadillac High School Ski Coaches Joe Host and James Netzley.

Cost for the 3 day program is \$130.00 per athlete season for training only. You can train any or all Unlimited Nastar pass is available Saturdays for added 30.00 for program athletes.

tickets are the responsibility of each participant.

The Details

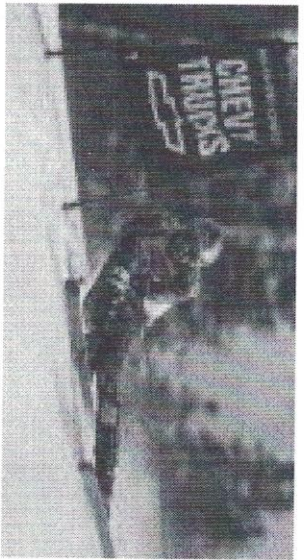
Ages: 8 to 14
Dates: January 9th—February 28th
Time: Tuesday—training from 4:30—6:30 pm
 Thursday—training from 4:30—6:30 pm
 Saturday—training from 10 am-noon

Each 2 hr. session will be divided into a 20 min warm up, 10 min grouping for daily goals, 90 min of focused training. Time lines may change depending on condition
Location: Liberty/Olympia runs on South Peak at Caberfae Peaks Ski Resort

Optional Race Dates:
Nastar @ Caberfae, Saturday's January—February.

- *Crystal Mt TBA [Invitational]
- *Schuss Mt Jan27th [ASA Invitational]
- *Sunday Mar24th Caberfae [Cadillac Invitational]
- *Sunday Mar 2nd Caberfae [Jim Wickham SL]
- Saturday Mar 3rd Caberfae [Earl Huckle GS]
- Sunday Mar 9th/10th Caberfae [GR invite]
- Sunday Mar 17th Caberfae [Gold Cup SG]
- *indicates official club junior race

Cost:
 \$130.00 for Unlimited training only. (Any or all days)
 \$60.00 for unlimited Nastar only. \$30.00 when combined with unlimited training.
 More information:
Head Coach: Meg Mogan, megmogan@gmail.com
Program Director: Joe Host jhostns@gmail.com



Junior Ski Racing Sign-Up

Sign up for:

Full Season - Unlimited training Price \$130.00

Full season—Unlimited Nastar add to a training option \$30.00

Please Make Checks Payable To: Total: _____
Cadillac Community Schools
 Mail to: Joe Host
 6240 E M-115
 Cadillac MI, 49601

Racer's Name _____
 Address _____
 Email _____

Home Phone _____ Call Phone _____
 Date of Birth _____ age _____ sex _____ Grade _____ # Years Skiing _____

Liability Release Statement
 I recognize that there is an element of risk in any outdoor sport or activity. I am also fully aware of the inherent risks and dangers in downhill skiing, downhill ski racing and training for downhill ski racing. Knowing of the risks, the minor child has my permission to participate in downhill skiing, downhill ski racing, and race training with the Junior Ski Racing Program. In consideration of allowing my child to participate, I, for myself and my minor child do hereby release Cadillac Area Community Schools, Cadillac Area Ski Club, Caberfae Peaks Ski Resort, and all persons associated with the Junior Ski Racing Program from all claims of negligence resulting in personal injury and property damages arising out of downhill skiing, downhill ski racing, and training for downhill ski racing.

Parent/Guardian Signature _____
 Parent/Guardian Name (please print) _____ Date _____