# **Training Tomorrow's State Champions...**

Cadillac High School has a rich tradition as a power-house in ski racing. Since the state recognized ski racing as a MHSAA sanctioned sport in 1975, the Cadillac Boys' Ski Team has won State Titles in '78 and '81. They were Runners' Up in '76, '82,

14', and have numerous other top-ten finishes. The Cadillac Girls' Ski Team won State Titles in '77,

'78, '83, and '90. They

were Runners' Up in '75, '76, '80, '82, '84, '85, '86, '89, '96, and '01. The girls have rarely been out of the top 10.

These records make the Cadillac High School
Ski Team the most successful athletic
program at Cadillac High School. Historically, we rank 4th in the state, behind

Traverse City , Marquette and Petoskey.
In order to stay competitive, we need to train our young athletes in the art of ski racing at a younger age. This allows them the time to develop their skills in a fun, yet competitive, way. Our goal is to teach our young athletes ski racing fundamentals and to teach them the fun of competition. This, we hope, will keep the tradition of Cadillac Skiing alive and well.

### Junior Ski Race Program



### Supported by:

#### **Absolute Tree LLC**



### **Cadillac News**



### R.T. Cole Construction

Cadillac Area Ski Club
Junior Ski Racing Program
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Cadillac, MI 49601
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### Cadillac Area Ski Club

### Junior Ski Racing Program



## General Program Information

The Cadillac Area Ski Club and Caberfae Peaks Ski Resort are proud to continue the Junior Ski Racing Program. This program is for all area children, age 8 to 14, who wish to expand their skiing skills into the area of ski racing.

Those 7 and under need coaching staff approval.

Training will be held on Thursdays & Saturdays. With several weekend club races against other area ski clubs.

All training will be at Caberfae Peaks, usually on South Peak. Club races will be at Caberfae for home meets, and other ski areas for away races. Coaching for this



program will be divided between experienced area coaches; Meg Mogan, Keenan Cooper, Larry Waldo and Kinsey Bair. With help as needed from Cadillac High School Ski Coaches James Netzley, Nate Houk and Marty Williams.

Cost for the 8 week program is \$175.00 per athlete per season for training only. You can train any or all days.

<u>Lift tickets are the responsibility of</u> each participant.

### The Details

Ages: 8 to 14

Dates: January 6<sup>th</sup> — March 3<sup>rd</sup> 2022 Time: Thursday—training from 4:30—6:30pm

Saturday - training from 10 am-noon

Two hour sessions will be used to focus on a wide range of drills and exercises within and outside of set courses

along with focused practice runs.

Location: Liberty/Olympia runs on South Peak at

Caberfae Peaks Ski Resort

#### **Optional Race Dates:**

- \*Crystal Mt Jan TBA [CCSC Invitational]
- \*Schuss Mt Jan 30th [ASA Invitational]
- \*Sunday Feb 27st Caberfae [Cadillac Invitational] Caberfae March 5th/6th [WinAlpine]

Caberfae March 12th Wickham SL Caberfae March 13th Earl Huckle GS Caberfae March 20st Gold Cup SG

\*indicates official club junior race

Cost:

\$175.00 for Unlimited training only. (Any or all days)

More information:
Meg Mogan, megmogan@gmail.com



### Cadillac Area Ski Club — Sign Up

Price
\$175.00
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# Years Skiing
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I recognize that there is an element of risk in any outdoor sport or activity. I am also fully aware of the inherent risks and dangers in downhill skiing, downhill ski racing and training for downhill ski racing. Knowing of the risks, the minor child has my permission to participate in downhill skiing, downhill ski racing, and race training with the Junior Ski Racing Program. In consideration of allowing my child to participate, I, for myself and my minor child do hereby release Cadillac Area Ski Club, Caberfae Peaks Ski Resort, and all persons associated with the Junior Ski Racing Program from all claims of negligence resulting in personal injury and property damages arising out of downhill skiing, downhill ski racing, and training for downhill ski racing.

Parent/Guardian Signature		-
Parent/Guardian Name (please print)	Date	